The Effects of a Child Directed Teddy Bear Clinic on Preschoolers’ Knowledge of Healthcare

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- A Teddy Bear Clinic is a play-based and interactive educational tool used for helping children understand and feel familiar with the hospital environment.

- The intervention used in this study facilitated developmentally appropriate language and explanations in attempt to increase preschoolers’ knowledge of healthcare.
  - This intervention has also been used to assist in decreasing anxiety and misconceptions related to medical terminology, procedures, and the overall medical environment.

- It is important for children to have healthcare knowledge because of their own personal medical experiences and the medical experiences of their family members.

- The findings of this study demonstrated an increase and retention in knowledge. This intervention is beneficial in the field of child life as it can be an impactful tool for education, as well as further increase evidence-based practices in the work of a child life specialist.